

PART 1

Multiple Myeloma Treatment Decision-Making Guide

Risks/Disadvantages

For patients who are newly diagnosed or have experienced a relapse

You are an active partner in your treatment plan.

In order to make the decisions that are right for you, there is a tremendous amount you need to know and process.

Benefits/Advantages

This Decision-Making Guide will help you map out your thoughts, emotions and information needs, to help you understand the things that are **important to you** in order to make a decision that you're comfortable with.

PART 2 My treatment options

My options

Which benefits/advantages matter most to you	u?					
Which risks/disadvantages matter most to you						
Who else is involved in this decision?						
How will this decision affect them?						
Are there other things you feel you need to consider in making a decision?						
Is there anything that makes you unsure of ma	aking a decision?					

PART 3

 \square Ask my hematologist additional questions

In order to make my decision, I would like to: $\hfill\square$ Understand how each treatment option can affect my day-to-day life ☐ Talk to someone about what other people have experienced on this treatment $\hfill\square$ Understand what I may need to do to adjust to treatment ☐ Understand what to watch for while I'm on treatment ☐ Find out about support I may need for my different treatment options (e.g., transport, child care, insurance coverage)





know more about:					
I be on this treatment?					
atment choice affect future	options? If so, ho	ow?			
future treatment options a	fter this?				
·					
choice and why: _					
choice and why: _					
choice and why: know more about: I be on this treatment?					
choice and why:					
choice and why: know more about: I be on this treatment?					
choice and why: know more about: I be on this treatment? atment choice affect future	options? If so, ho	ow?			
choice and why: know more about: I be on this treatment?	options? If so, ho	ow?			
choice and why: know more about: I be on this treatment? atment choice affect future	options? If so, ho	ow?			
ill ea	eatment choice affect future	eatment choice affect future options? If so, ho	eatment choice affect future options? If so, how?	eatment choice affect future options? If so, how?	co know more about: ill I be on this treatment? eatment choice affect future options? If so, how? y future treatment options after this?